



Artful Aging Resources

Interested in learning about artful aging programs in your community?

Check with your state arts board or regional arts council to learn about programs and resources in your area.

The Landmark Study

“The Creativity and Aging Study: The Impact of Professionally Conducted Cultural Programs on Older Adults,” Final Report (2006) https://cahh.gwu.edu/sites/cahh.gwu.edu/files/downloads/NEA_Study_Final_Report_0.pdf

National Guild for Community Arts Education (New York, NY) <http://www.nationalguild.org>

Stagebridge Theater Company (Oakland, CA), <http://www.stagebridge.org>

ArtSage (Minneapolis, MN), <http://www.artsagemn.org>

Programs

National Center for Creative Aging (Washington, DC), <http://www.creativeaging.org>

Lifetime Arts (New York, NY), <http://www.lifetimearts.org>

Creative Aging Toolkit for Libraries, <http://www.creativeagingtoolkit.org>

EngAge (Los Angeles, CA), <http://www.engagedaging.org>

San Francisco Community Music Center, <http://www.sfcmc.org>

Elders Share the Arts (Brooklyn, NY), <http://www.estanyc.org>

Encore Creativity (Washington, DC) <http://www.encorecreativity.org>
Global Alliance for Arts and Health (Washington, DC), <http://www.artsandhealthalliance.org>

The Alzheimer’s Poetry Project (Brooklyn, NY), <http://www.alzpoetry.com>

Dance for PD (Brooklyn, NY), <http://www.danceforparkinsons.org>

Further Reading

“The Arts and Human Development: Framing a National Research Agenda for the Arts, Lifelong Learning, and Individual Well-Being” (2011) <http://arts.gov/sites/default/files/TheArtsAndHumanDev.pdf>

“The Effects of Choral Singing on Older Adults,” Dr. Julene K. Johnson, Institute for Health & Aging at University of California, San Francisco (2013) <http://arts.gov/art-works/2013/effects-singing-older-adults>

“Study Says Making Art Is Good For Your Brain, And We Say You Should Listen”, http://www.huffingtonpost.com/2014/07/08/how-art-changes-your-brain_n_5567050.html

“The Mature Mind: The Positive Power of the Aging Brain,” Gene D. Cohen, PhD (2006)

“Thought Leader Forum on Arts and Aging,” Grantmakers in the Arts, Suzanne Callahan and Diane Mataraza (2011) <http://www.giarts.org/sites/default/files/Thought-Leader-Forum-on-Arts-Aging.pdf>

“Creativity Matters: The Arts and Aging Toolkit,” <http://artsandaging.org/index.php>

“This Chair Rocks,” Ashton Applewhite, <http://www.thischairrocks.com>

A Long Bright Future, Laura L. Carstensen, PhD (2011)

The Vintage Years: Finding Your Inner Artist (Writer, Musician, Visual Artist) After Sixty, Francine Toder, PhD (2013)

“Find Your Inner Artist”, Healthy Aging,” Summer 2014, http://www.healthyaging-digital.com/healthyaging/summer_2014#pg48

About Aroha Philanthropies

Aroha Philanthropies is devoted to the transformative power of the arts and creativity, inspiring vitality in those over 55, joy in children and youth, and humanity in adults with mental illness. We believe that learning, making, and sharing art enriches everyone throughout their lifetime.

Aroha Philanthropies works to improve the quality of life of people 55+ by advancing the development of professional teaching artists working with those in their encore years, and encouraging the funding, development, and proliferation of arts programs designed to enhance longer lives.

Contact

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