Using Photovoice as a Tool to Engage Communities of Color and Language Minorities for Healthy Aging

Anna Adachi-Mejia
Kelly Laflamme
Today’s agenda

- Why and how this project was part of a strategic approach
- Photovoice as a solution to a problem
- Logistics and results
- Working groups
- Q & A

Our session runs from 9am to 11am with a 5-minute break at 9:55am.
Planning ahead...At 10am after the break, we will be asking you to talk with the people at your table and to write on post-it notes that you will put on sheets at either side of the room. If you would like assistance with moving your chair/location and/or putting the post-it notes on the sheets, please raise your hand at that time and we will assist you!
Today’s agenda

Why and how this project was part of a strategic approach

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Working groups

Q & A
Thank you!

Advisory Board Members:
Anna Adachi-Mejia (Principal Investigator / Project lead; Dartmouth)
Nathalie Ahyi (Advisor; New Hampshire Health and Equity Partnership)
Semra Aytur (Faculty partner; University of New Hampshire)
Bobbie Bagley (Community partner lead; New Fellowship Baptist Church)
Margarita Fernandez-Letkowski (Community partner lead, Spanish interpreter; St. Anne – St. Augustin Parish)
Kelly Laflamme (Funding partner; Endowment for Health)
Melina Hill Walker (Funding partner; Endowment for Health)
Stephanie Kelly (Research Assistant; Dartmouth)
Bhagirath Khatiwada (Community partner lead; Bhutanese Community of New Hampshire)
Laurie Nsiah-Jefferson (Faculty partner; Brandeis University)
Jennifer Rabalais (Advisor; Alliance for Healthy Aging)
Jenna Schiffelbein (Community communication lead; Dartmouth)

Additional thanks to:
ENDOWMENT for Health

OUR MISSION:
To improve the health and reduce the burden of illness for the people of New Hampshire – especially the vulnerable and underserved.

OUR VISION: Good Health and Realized Potential for all

New Hampshire’s prosperity depends on healthy people, strong families and vibrant communities. We envision an equitable society that supports the physical, mental and social well-being of all people – through every stage of life.
EQUITY
The Endowment for Health will promote equity and fairness in all of its actions and decisions.

COMPASSION
The Endowment for Health will approach its work with compassion and understanding for all of the people in the larger community of our state.

COURAGE
The Endowment for Health will have the courage to live up to its mission.

INTEGRITY
The Endowment for Health will conduct itself with integrity in all of its actions, relationships, and financial transactions.

PARTNERSHIP
The Endowment for Health will work in partnership with the people of New Hampshire.

RESPECT
The Endowment for Health will treat everyone with respect.
A Shared Vision for Our Future

- Coordinate
- Communication

Fundamental needs are met

Advocates for aging issues are effective

Quality physical and mental wellbeing supports are in place

Supports are provided to caregivers and families

Social and civic engagement options are plentiful

We envision communities where New Hampshire’s culture, policies and services support our elders and their families, providing a wide range of choices that advance health, independence and dignity.
NH is growing increasingly diverse

NH is perceived as an all-white state.
NH is growing increasingly diverse

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NH has always been diverse, and racial/ethnic diversity is increasing.
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**People of color represent approximately 5% of the population in New Hampshire.**
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**And they comprised 50% of the population growth in 2000-2010.**
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Communities of color are geographically concentrated.
<table>
<thead>
<tr>
<th><strong>NH is perceived as an all-white state.</strong></th>
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<th><strong>Communities of color are geographically concentrated.</strong></th>
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</thead>
<tbody>
<tr>
<td>NH has always been diverse, and racial/ethnic diversity is increasing.</td>
<td>And they comprised 50% of the population growth in 2000-2010.</td>
<td>Mainly in Southern NH in the Concord-Manchester-Nashua corridor.</td>
</tr>
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</table>
Our diversity comes from around the world

About 8% of New Hampshire residents speak a language other than English.
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Nearly half of non-white residents are Asian.

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Figure 1. Population counts of people ages 65 and older, Bhutanese (all ages), Hispanic (all ages), Black (all ages) in New Hampshire. Maps created by the GeoSpatial resource at the Norris Cotton Cancer Center.
Diversity, Equity & Inclusion Improves Impact

The Work of Diversity, Equity and Inclusion

• **Attending to diversity** – ensure the needs of older adults who may be marginalized or underrepresented aren’t forgotten.

• **Ensuring equity** – develop understanding of the root causes of disparities in our society. It means promoting justice, impartiality and fairness in our systems and institutions.

• **Creating inclusion** – ensure diverse individuals are able to participate fully.

Adapted from the D5 Coalition, “Diversity, Equity and Inclusion,” http://www.d5coalition.org/about/dei/
Start with attending to diversity

Engage communities of color and of language minorities.

• What is their lived experience of aging in New Hampshire?

Elicit their perspectives and empower them to share their otherwise invisible stories to others.

• Share with providers and programs that serve older adults.
Support and inform the understanding of what can contribute to advancing the health, independence, and dignity of older adults / elders of color and of language minorities directly through the voices and perspectives of the community members themselves.
Project goals

Use the technique of photovoice to engage the voices and perspectives of the community members themselves.

Photovoice puts cameras in the hands of study participants to empower them to describe their point of view.

Through photovoice, we can engage the perspectives and experiences of aging in New Hampshire from the voices of people who we haven’t yet heard from.
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Q & A
What is photovoice?
Photovoice is a visual method

A qualitative, participatory, and visual approach to research

Dr. Caroline Wang (University of Michigan) & Mary Ann Burris (Ford Foundation) developed the technique in the 1990s
A researcher-guided process

Participants photograph their challenges, successes, and other observations of a specific problem

Participants describe what they photographed and why
The process

Informed consent

Class 1 – photography, writing, hand out cameras and logbooks

Classes 2-4 – review photos, group discussion
This model is modified from Catalani et al. to reflect the focus on elicited themes to inform community interventions and to support community activation.
Photovoice

- A tool to facilitate participant empowerment
- A tool to frame potential policy solutions
- Supports sharing experiences and perspectives
- Enables community members to advocate for change for themselves and for their community
- A tool to foster community linkages and to support a succession plan for future community-based health promotion programs
Photovoice gives people a voice.

<table>
<thead>
<tr>
<th>They can tell their story</th>
<th>They can experience empowerment</th>
<th>They don’t have to write or speak your language</th>
<th>For all ages</th>
<th>For community engagement</th>
<th>To help make policies and systems more equitable</th>
</tr>
</thead>
</table>
Community Events

Dr. Adachi-Mejia presents "Photovoice: Using Photography and Words to Explore Healthy Living"

On Thursday, December 8th, Dr. Anna Adachi-Mejia, a Research Assistant Professor from Dartmouth Medical School working at the Norris Cotton Cancer Center in Lebanon, NH, presented an overview of a behavioral research project entitled, "Photovoice: Using Photography and Words to Explore Healthy Living," at the Horse Meadow Senior Center (HMSC) in North Haverhill. Dr. Adachi-Mejia used an innovative research technique called Photovoice, a powerful tool wherein researchers provide participants with a camera and ask them to create a pictorial story that teaches others about their lives. Project volunteers included students who participate in Haverhill Cooperative Middle School's After School Program and Westville High School's Mentoring Program as well as senior citizens who utilize services available to them at HMSC. Back row (L-R) are: Dr. Adachi-Mejia, Madson O'Shaan, HMSC Activities Director JoAnne Jaworski, Adam Toohey, Kayla Griswold, and Roger Warren. Front row: Seamoe May, Rainie May, Megan Lucas, and Rayla Ingerson.

Chris, Rainie, and Veronica May (L-R) view three of the fifteen posters on display. Each poster showcased multiple photographs and quotations from various project participants. "I really had a lot of fun and enjoyed this project," Rainie says. "I learned specific ways to stay healthy — like getting sleep, not eating junk food, and being active."
Which is the “correct” spelling?

Photovoice
PhotoVoice
Photo voice
photovoice
PhotoVoice's vision is for a world in which no one is denied the opportunity to speak out and be heard.
PhotoVoice

The PhotoVoice Manual
A guide to designing and running participatory photography projects

PhotoVoice (UK) and Photovoice (USA)
When the UK organisation PhotoVoice came into being and set up its website PhotoVoice.org, the founders were unaware of the existence of the US-based organisation (whose website is Photovoice.com) and of the coincidence in the names.

Today the two bodies remain distinct. PhotoVoice works more towards income-generating opportunities within the photographic and media industry and establishing partnership projects with other international and community organisations, and Photovoice (USA) remains more grounded in academic and policy research. But there are, of course, some strong similarities: PhotoVoice grew out of academic roots, and a number of its projects have policy change as their core objective.

PhotoVoice of course recognises much ground-breaking work by Wang and Burris in this field.

This manual refers exclusively to the work of PhotoVoice (UK).
Photovoice...photovoice.
Continuum

Photodocumentation  Photo-elicitation  Photovoice
Using in-depth investigations to identify transportation safety issues for wheelchair-seated occupants of motor vehicles

Fig. 5. Case #2: paratransit full-size van with rear-door lift and manual wheelchair that was effectively secured in the back of the van during a multi-quarter-turn rollover.

Fig. 6. Case #2: reconstruction of belt-restraint routing and buckle positioning showing position of buckle receptacle and end-release button relative to wheelchair components.
Qualitative research using photo-elicitation to explore the role of food in family relationships among obese adolescents

Jonathan Lachal\textsuperscript{a,b,c,d,*}, Mario Speranza\textsuperscript{a,b,e}, Olivier Taïeb\textsuperscript{a,b,f}, Bruno Falissard\textsuperscript{a,b,g}, Hervé Lefèvre\textsuperscript{a,d}, QUALIGRAMH\textsuperscript{1}, Marie-Rose Moro\textsuperscript{a,b,d,2}, Anne Revah-Levy\textsuperscript{a,b,h,2}

\textbf{Table 1}

Interview schedule.

- Would you describe the meal in detail, and what happens during a meal?
- How are meals organised at home?
- How are things organised to get a meal ready?
- Would you tell me about two family meals you particularly remember?
- Would you tell me about how you felt, your emotions, before, during and after the family meal you photographed?
Figure 7. Photographs Presented to Older Adults Featuring Various Parts of the Trail

Figure 7. Photographs of the trail used in the photo-elicitation part of the study.
Continuum

Photodocumentation  Photo-elicitation  Photovoice
Tackling inequity through a *Photovoice* project on the social determinants of health

*Translating Photovoice evidence to community action*

Nasim Haque¹ and Brian Eng¹

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Bicycles are a primary mode of transportation in St. Jamestown. Our neighbourhood needs to have special bicycle rooms or sheds in each building. Maybe even a monitor to prevent stealing.
Tackling inequity through a *Photovoice* project on the social determinants of health

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Nasim Haque¹ and Brian Eng¹

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Bicycles are a primary mode of transportation in St. Jamestown. Our neighbourhood needs to have special bicycle rooms or sheds in each building. Maybe even a monitor to prevent stealing.

The action group worked with city authorities to arrange the removal of broken bicycles from existing racks, and install new racks in the neighbourhood.

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**Figure 1.** Example of the Photovoice bicycle project

*Source:* The photograph on the left (illustrating broken parked bicycles) was taken by Ms. Yan Mei Zhang, a Chinese newcomer resident of St. James Town (summer of 2007). The photograph on the right (new bicycle rack) was taken by Mr. Sailingasan Vettivelu, a resident and member of the St. James Town Residents Action Group (summer of 2009). He is a university student.
Using pictures to tell a story
Today’s agenda

Why and how this project was part of a strategic approach

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Q & A
Process

Recruitment → Informed Consent → Group meetings

Photos → Logbooks → Surveys → Group discussion
The power of community partners

<table>
<thead>
<tr>
<th>Trust</th>
<th>Sense of timing</th>
<th>Bridge to making things happen</th>
<th>Recruitment</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Helps to break the ice</td>
<td>• They will tell you what works</td>
<td>• Opening doors</td>
<td>• Early adopters</td>
</tr>
<tr>
<td></td>
<td>• Also check on the timing with actual participants</td>
<td></td>
<td>• Late adopters</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• The friends bring friends</td>
</tr>
</tbody>
</table>
“I can’t do this”

“But my opinion doesn’t matter”
Recruitment

**Target**
- 3 sites
- 30 people

**Actual**
- 4 sites
- 48 people
I took this picture because I think it reflects a reality for older Americans that is only going to get worse if the "baby boomers" overwhelm the health care system for seniors.

Camera: So that was my first picture with my camera.
Interviewer: Alright.
Camera: With my camera you know um...
Interviewer: Is there anything you want us to know about that?
Camera: Ah um well I probably wouldn't be where I am today if it wasn't for here.
Interviewer: Can you explain...
Camera: And then and then I mean the whole thing about this is what? Aging in New Hampshire right?
Interviewer: Yeah.
Camera: So I mean along with that I mean I think I've put quite a few years in here, a few decades here. Aging here in New Hampshire and growing church has a lot to do with it.
Interviewer: Yeah.
Camera: So I put this first foremost with everything that's going on with me, my aging, my health. I give it all to here, to God.
Sample

<table>
<thead>
<tr>
<th>Age</th>
<th>Living</th>
<th>Languages</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Range 62-86</td>
<td>• 40% in 3-generation family&lt;br&gt;• 14% lived alone</td>
<td>• English&lt;br&gt;• French&lt;br&gt;• Hindi&lt;br&gt;• Spanish&lt;br&gt;• Nepali</td>
</tr>
</tbody>
</table>
Survey: What is going well for you?

Health
- doctors
- medications
- appointments
- accessibility
- insurance
- food stamps

Housing
- greenery
- safe drinking water

Spirituality
- worship
- religion

Activities
- workouts
- sports (e.g., basketball)

Family
- spending time together
- grandchildren at home
- children are able to work
Survey: What would you like help with?

- Transportation
- Companionship
- Nutrition
- Financial transactions
- Affording medicine
- Activities of daily living
- Place of worship
- Homeownership
- Loneliness
What does the word “Choice” mean to you?
What does the word “Dignity” mean to you?
What does the word “Independence” mean to you?
Survey: Desire for social connection

“I want to get together with people aging - getting together and discussing old stories.”

"Meeting elderly people and discussing with them; telling stories of their past."

“Getting together with friends.”

“I like to share stories of the old days.”

“I like to participate in recreational, cognitive, educational activities, etc.”
Photos

Logbooks

Surveys

Group Discussion

I took this picture because I think it reflects a reality for older Americans that is only going to get worse if the "baby boomers" overwhelm the existing support for seniors.

Camera (D25):

Interviewer:

Camera (D29):

Interviewer:

Camera (D26):

Interviewer:

Camera (D28):

Interviewer:

Camera (D27):

Interviewer:

Camera (D29):

Interviewer:

Camera (D24):

Interviewer:

Camera (D28):

Interviewer:

Camera (D26):

Interviewer:

Camera (D27):

Interviewer:
Each individual took a series of photos...
Here is an example from one individual
Another individual...
Another individual...
“I am concerned about the amount of prescription medication being prescribed to seniors and wondering if this is what’s happening to most of the aging population. And are there alternative to prescription drugs being offered to seniors (natural alternatives)?

We have the right to ask about alternative treatment and medication. It does not always have to be a prescription drug. That's so many side effects we try to cure one problem and sometimes create other. As we age our digestive system becomes very sensitive and can’t digest and break down some of the medicine prescribed to us.”
“This photo represents some of the nutrients and vitamins needed for a healthy body.”
“Let healthy food be thy medicine. An apple a day keeps the doctor away.”
What is important to you and why?
What would you like help with?
Wish list
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

Building Community
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

**Building Community**

“The kitchen...it's about family for me...You know. It's the children, the grandchildren, the husbands, it's everybody, the wholeness. It's the brothers, it's the fathers, mother. That's always the gathering place, and even now, when you talk about doing different programs, we always talk about...have a meal, you'll get the people there, you know? [laughs].”

“I have my grandchildren at home. And I spend time with them, so everything is good, everything is good.”

“I'm grateful for the kids; that I affected their lives. There's a lot of kids out here people might not know about. That I affected their lives...I had a kid down here he pointed me out, ‘Oh man, that's my coach.’ And he was at his job and he was telling people.”
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

Planning for Purpose in Older Life

“Volunteering at the food pantry.”

“I want to help the future for most things that I do. I want things to be better for our youth.”

“I find that I'm relaxed when I'm quilting, it keeps my mind sharp because I get involved in math, dexterity with your hands, your eyesight.”
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

Planning for Purpose in Older Life

“I do crafts with recycling items like paper, magazines, things like that. No plastic.”

“The drums, that's a workout. Being the drummer...I love doing it, it's my passion. Everything I do I take pride in.”

“It’s a stool that I made out of bamboo. It takes around three days to make.”
Think about your experience of aging in New Hampshire. What are things that are going well for you?

Spirituality and Religion

“This is my temple.”

“Religion is a comfort to me in times of trouble as well as strength when I feel weak.”

“I took a picture of the cross because I love crosses. And it has lots of bright colors.”

“This is my temple.”
Think about your experience of aging in New Hampshire. What are things that are going well for you?

Parks, Paths, and Benches

"Benches are important to the park. Especially when you get old... You can’t walk as much... I like walking."

Hispanic/Latino Community Member Views

"The greenery is important so people can go to breathe pure air, to walk."

Using Photography and Words to Explore the Topic of Aging: Perspectives of Older Adults of Color and of Language Minorities Living in New Hampshire

Images and Voices of Older Adults from Bhutanese, Hispanic/Latino, and Black/African American Communities in Southern New Hampshire

A photovoice research study led by Anna M. Adachi-Mejia, Ph.D. (Geisel School of Medicine at Dartmouth)

Research funding provided by a grant from the Endowment for Health
Think about your experience of aging in New Hampshire. What are things that are going well for you?

Gardening

“We need flowers every morning to worship, to offer to our temples. It's important to us.”

Bhutanese Community Member Views

“We make a garland from the flowers for the festival.”

“I used to plant a lot of flowers in Bhutan when I was young.”

“I planted vegetables here.”

“We can make pickles from sunflower seeds.”

“I grow beans, corn, mustard leaf.”

“We need flowers every morning to worship, to offer to our temples. It's important to us.”
“To feel young at heart and to feel energetic, we need exercise, moving our bodies. I love to run, bike, hike, swim, and doing aerobic exercises...Exercising is like a drug that you can’t live without. It keeps you young and strong. It also slows down the aging process.”

“I am grateful for all the opportunities basketball has provided for me to serve young people over the years...I am grateful for the way they look up to me...I love that even at my advanced age I can still compete with and beat young men at playing the game I have played so long. I love to look in their eyes and see the surprised look on their faces when they realize that the old short guy they dismissed is more than they thought, that not only can I compete with them but that I am actually an opponent they cannot overcome, and there is nothing they can do.”
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age? Piensa en tu experiencia de envejecimiento en New Hampshire. ¿Con qué cosas te gustaría recibir ayuda a medida que envejeces?

I feel welcomed when you give me a role
Me siento bienvenido cuando me das algo que hacer

“This is the place where I learned to speak English. The people were welcoming. They have programs for immigrants. The teacher who was helping her was a very nice person….It was a welcoming place…A welcoming place is a place where somebody familiar welcomes you, like everybody is a family…I was a volunteer in that school too…they gave to me, and I gave back to them.”

“Este es el lugar donde aprendí a hablar inglés. La gente era acogedora. Tienen programas para inmigrantes. La profesora que estaba ayudando era una persona muy agradable…Era un lugar acogedor…Un lugar acogedor es un lugar donde alguien familiar te da la bienvenida, como si todo el mundo fuera una familia…También fui voluntario en esa escuela…me dieron , y les devolví el favor.”
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

Accessible Public Transportation

Problem: Bus Stops are not visibly marked; no shelter

“All Bus Stops should be painted on the curb a long solid line (yellow + white) at least 30 ft. so that it can be recognized as a bus stop from a distance. Bus number with arrival time would be helpful to see for those who need the service but are not familiar with the service.”

“Make the signs bigger and have a shelter with heated seats.”
Think about your experience of aging in New Hampshire. What are things that you would like help with as you age?

Accessible Public Transportation

Problem: Barriers to using Paratransit

“You have to call every two weeks to make sure that you called in as to wanting them to pick you up. If you don't...they're saying they won't pick you up anymore.”

“You have to be in their path, they don't come to your back door and stuff like that...Since that rain, it was colder...my grandson is out there waiting for the bus, saying, ‘Here comes the bus, here comes the bus.’”
“Viejo-tecas”
(dance parties for older adults) starting at 5pm

Spanish-speaking senior center
- Field trips
- Place to meet to do activities
- Group activities
- BINGO in Spanish
- Share craft skills with others

“Viejo-tecas”

Computer training

Help in child-rearing

Public Transportation

Park amenities

Public Transportation: Bus

Ginger tea with cookies

Spanish-speaking senior center

In the park:
- benches
- water
- bathrooms
- shade
- light
- swimming pool
- food to purchase
- rent bicycles

Helping children 3+ years old
- Working on behavior with children, such as:
  - Saying no, explaining why with consequences
  - “Eating right gives a healthy body and healthy mind”

Helping children as grandparents or as helpers to others

Familiar person, makes you feel welcome and useful (give you a role), they show that they want you there

In the park:
- benches
- water
- bathrooms
- shade
- light
- swimming pool
- food to purchase
- rent bicycles

Welcoming place to learn English

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Images and Voices of Older Adults from Bhutanese, Hispanic/Latino, and Black/African American Communities in Southern New Hampshire

A photovoice research study led by Anna M. Mejia, Ph.D., (Geisel School of Medicine at Dartmouth)
Research funding provided by a grant from the Endowment for Health
A big temple
Access to audio
Nepali interpreter
Social interaction
Work release
A big temple

- "We need a big temple where we can pray"..."Having a temple - that would be like sending a God"
- Transportation to the temple
- Festivals are very important – having festivals to worship, pray, and make offerings to many gods and goddesses
- Statues of Lakshmi and Narayan
- It would be a place for other activities, such as having social interaction and offering language classes for youth

Access to audio

- Religious audio discs from Bhutan
- Hear news in Nepali and English
- Listen to stories of God
- Audio recording of the book of prayer

Access to food purchases in the presence of a Nepali interpreter

- At the American market: have a Nepali interpreter, offer food like dal and curry that we can purchase
- Bring American food to the Nepali market – for example, offer varieties of bananas and apples like they have at Market Basket – we want more selection and choice of American food at the Nepali market

Social interaction

- Work release for Hindu festivals
  - Being allowed to take time off from work to celebrate festivals
Church support

Services for youth

Meeting together

Happiness

Social programs

Caregiver support

Visit me
Our church
- Church bus
- All are welcome here – different groups can meet here, the community can meet here
- We need more missionaries
- Our basement needs another exit – it only has one and we need two – then we can use that space and use it to serve the community
- Kitchen

Services for young people
- Positive programs
- Free basketball

Church support
- Church bus
- All are welcome here – different groups can meet here, the community can meet here
- We need more missionaries
- Our basement needs another exit – it only has one and we need two – then we can use that space and use it to serve the community
- Kitchen

Meeting place for older adults
- A safe haven for older adults
- Recreation/activity; get out and do something
- Seniors coming together and sharing

Meeting together - avoid loneliness
- A safe haven for older adults
- Recreation/activity; get out and do something
- Seniors coming together and sharing

Happiness: can we all be happy and get along
- A safe haven for older adults
- Recreation/activity; get out and do something
- Seniors coming together and sharing

Social programs instead of tax breaks
- Have the government make things better for the average person
- Let's protect the people we don't know

Caregiver support and protection
- Policy for time off
- No risk of losing job if taking care of parent
- Medical benefits for family members
- Information for caregivers
- Helpers for caregivers

Visit me at my home
- When you don't come to my house I feel offended – “I do go to their homes, but not one of them has been to mine. Why is that? I don’t want to go out of my house just to have a cup of coffee when I have a Keurig right there. To say, ‘Meet me at a coffee shop’...to me, that’s an insult.”
- I want people to stop by when I am homebound

Don't assume things about me or about others
- “Don’t assume that a person is poor...hungry...ignorant...going to rob or steal from you...Don’t assume anything, because you don’t know that person...”

Visit me
- When you don't come to my house I feel offended – “I do go to their homes, but not one of them has been to mine. Why is that? I don’t want to go out of my house just to have a cup of coffee when I have a Keurig right there. To say, ‘Meet me at a coffee shop’...to me, that’s an insult.”
- I want people to stop by when I am homebound

Don't assume things about me or about others
- “Don’t assume that a person is poor...hungry...ignorant...going to rob or steal from you...Don’t assume anything, because you don't know that person...”
What is next

Community events

Calls to action

Policy change
Working with interpreters

<table>
<thead>
<tr>
<th>Written text</th>
<th>Time</th>
<th>Language issues</th>
<th>Variation in dialect</th>
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</thead>
<tbody>
<tr>
<td>• Offer them written text with technical words spelled out</td>
<td>• Two-hour minimum</td>
<td>• Simultaneous versus Consecutive</td>
<td>• Same words mean different things</td>
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<td>• Evenings, weekends</td>
<td>• Word for word versus offering the gist of the idea</td>
<td>• Different words mean same thing</td>
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<td>• Always takes longer than you think</td>
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Variation in dialect

• Same words mean different things
• Different words mean same thing
Today’s agenda

- Why and how this project was part of a strategic approach
- Photovoice as a solution to a problem
- Logistics and results
- Working groups
- Q & A
Thank you!

Advisory Board Members:

Anna Adachi-Mejia (Principal Investigator / Project lead; Dartmouth)
Nathalie Ahyi (Advisor; New Hampshire Health and Equity Partnership)
Semra Aytur (Faculty partner; University of New Hampshire)
Bobbie Bagley (Community partner lead; New Fellowship Baptist Church)
Margarita Fernandez-Letkowski (Community partner lead, Spanish interpreter; St. Anne – St. Augustin Parish)
Kelly Laflamme (Funding partner; Endowment for Health)
Melina Hill Walker (Funding partner; Endowment for Health)
Stephanie Kelly (Research Assistant; Dartmouth)
Bhagirath Khatiwada (Community partner lead; Bhutanese Community of New Hampshire)
Laurie Nsiah-Jefferson (Faculty partner; Brandeis University)
Jennifer Rabalais (Advisor; Alliance for Healthy Aging)
Jenna Schiffelbein (Community communication lead; Dartmouth)

Additional thanks to: