TRANSITIONS OF CARE AND HIT IN LONG TERM CARE

GRANTMAKERS IN HEALTH
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LTC is more than a skilled nursing facility

...AND SKILLED NURSING HAS CHANGED DRAMATICALLY

A REALITY CHECK
The Care They Need

What We Think Of: Long term custodial

The Reality: Growing trend towards post acute and chronic care management
Information and Data Systems

What We Think Of:  The Reality

Electronic health records  Huge paper charts
### 30-Day Readmission Rates from Skilled Nursing Facilities Are Highest

<table>
<thead>
<tr>
<th>Kind of Discharge</th>
<th># of Admits</th>
<th>Share of Admits</th>
<th>30-Day Readmit Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>To Home</td>
<td>466,226</td>
<td>57%</td>
<td>14%</td>
</tr>
<tr>
<td>To Home Health Service in Anticipation of Covered Skilled Care</td>
<td>141,309</td>
<td>17%</td>
<td>21%</td>
</tr>
<tr>
<td>To Skilled Nursing Facility</td>
<td>112,799</td>
<td>14%</td>
<td>24%</td>
</tr>
<tr>
<td>To Rehabilitation, Long-Term, or Critical care Facility</td>
<td>57,018</td>
<td>7%</td>
<td>21%</td>
</tr>
</tbody>
</table>

We know that:

UP TO 40% OF HOSPITAL ADMISSIONS MIGHT BE AVOIDED WITH HIGH-QUALITY SNF CARE THAT RETURNS PATIENTS SAFELY TO THE COMMUNITY WHERE POSSIBLE
LTC’s Current Imperative

- LTPAC Health IT Collaborative outlined five priority action areas for HIT in LTC
  - Care Coordination
  - Quality
  - Business imperative
  - Consumer-Centered
  - Workforce Acceleration
HITECH ACT excluded Long Term Care but starting in 2014, Meaningful Use comes to LTC:

- Certified EHRs must be able to generate a summary including the CCD (Continuity of Care Document)
- The goal of the CCD is to allow medical providers with rapid access to a patient’s pertinent health information and facilitate continuity of care
The Continuity of Care Document (CCD) is an electronic health document standard designed to facilitate the sharing of patient protected health information and provide electronic summaries of the most pertinent care-related data elements, such as patient demographic, medical history such as chronic or existing conditions, allergies and immunizations.
What’s Included in a CCD?

- The CCD document does not provide a complete medical history for a patient.
- The CCD provides information that is critical in the continuity of care, such as current problem list or medication management.
eHealth Pod Pilot Project

- PA Department of Public Welfare sponsored
- 6 months (extended for another 6 months)
- Working with Behavioral Health and LTC providers (excluded from HITECH) to help create and activate CCDs
- JHF is lead is PA working with area LTC facilities
Early Lessons Learned

- This is hard!
- There are differences across organizations that share patients
- Organizations collect, display and use information differently
- Priorities are different: end of life planning information, real time med management, family contacts
- Staffing capacity and comfort with technology is different
- Resources are uneven and this is an expensive investment
The Role we see for Grantmakers

- **Capacity Building for providers**
  - Exposure to best practice models (Interact, POLST, Meaningful Use)
  - Tools for Data Collection and communications across sites
  - Front line staff training

- **Bridge Building across providers**
  - Inclusion of LTC providers in policy and model building
  - Sharing of best practices
  - Creation of Incentives/support for HIT adoption